

Allergens guide

Hand Rolls



Brown Rice Hand Roll	Wheat	Crustacea	Egg	Milk	Fish	Peanut	Soy	Sesame	Tree Nuts	Sulphites	Lupin
Avocado								YES			
California	YES	YES	YES		YES		YES	YES			
Cooked Tuna & Avocado			YES		YES		YES	YES			
Cooked Tuna & Cucumber			YES		YES		YES	YES			
Crispy Chicken	YES		YES				YES	YES			
Cucumber & Avocado								YES			
Panko Prawn	YES	YES	YES				YES	YES			
Peking Duck	YES						YES	YES			
Prawn & Avocado		YES	YES					YES			
Salmon & Avocado			YES		YES			YES			
Salt & Pepper Squid	YES		YES		YES			YES			
Smoked Salmon & Avocado			YES		YES			YES			
Special California	YES	YES	YES		YES		YES	YES			
Spicy Cooked Tuna & Cucumber			YES		YES		YES	YES			
Spicy Prawn		YES	YES					YES			
Spicy Salmon & Cucumber			YES		YES			YES			
Tamago & Cucumber			YES	YES				YES			
Tempura Salmon	YES		YES		YES		YES	YES			
Teriyaki Chicken							YES	YES			
Tofu & Cucumber							YES	YES			
Vegetarian								YES			

White Rice Hand Roll	Wheat	Crustacea	Egg	Milk	Fish	Peanut	Soy	Sesame	Tree Nuts	Sulphites	Lupin
Avocado								YES			
California	YES	YES	YES		YES		YES	YES			
Cooked Tuna & Avocado			YES		YES		YES	YES			
Cooked Tuna & Corn			YES		YES		YES	YES			
Cooked Tuna & Cucumber			YES		YES		YES	YES			
Crispy Chicken	YES		YES				YES	YES			
Cucumber & Avocado								YES			
Panko Prawn	YES	YES	YES		YES		YES	YES			
Peking Duck	YES						YES	YES			
Prawn & Avocado		YES	YES					YES			
Salmon & Avocado			YES		YES			YES			
Salt & Pepper Squid	YES		YES		YES			YES			
Smoked Salmon & Avocado			YES		YES			YES			
Soft Shell Crab	YES	YES	YES				YES	YES		YES	
Special California	YES	YES	YES		YES		YES	YES			
Spicy Cooked Tuna & Cucumber			YES		YES			YES			
Spicy Crispy Chicken	YES		YES				YES	YES			
Spicy Fresh Tuna & Cucumber			YES		YES			YES			
Spicy Prawn & Cucumber	YES		YES					YES			
Spicy Salmon & Cucumber			YES		YES		YES	YES			
Tamago & Cucumber			YES	YES				YES			
Tempura Salmon			YES		YES		YES	YES			
Teriyaki Chicken							YES	YES			
Tobiko & Avocado			YES		YES		YES	YES			
Tofu & Cucumber							YES	YES			
Tuna & Cucumber			YES		YES			YES			
Vegetarian								YES			

Deluxe & Packs



Deluxe	Wheat	Crustacea	Egg	Milk	Fish	Peanut	Soy	Sesame	Tree Nuts	Sulphites	Lupin
Cooked Tuna Nigiri			YES		YES		YES				
Creamy Salmon Sushi Nigiri			YES		YES		YES	YES			
Fresh Tuna Nigiri					YES						
Panko Prawn Nigiri	YES	YES	YES				YES	YES			
Pickled Squid Inari	YES	YES			YES		YES	YES			
Plain Inari							YES	YES			
Prawn & Avocado Nigiri		YES									
Prawn Nigiri		YES									
Rainbow Uramaki			YES	YES	YES		YES	YES			
Salmon & Avocado Loaded Pancake	YES		YES	YES	YES		YES				
Salmon Avocado Nigiri					YES						
Salmon Nigiri					YES						
Seafood Inari	YES	YES	YES		YES		YES	YES			
Seared Salmon Nigiri					YES		YES				
Seared Scallop Nigiri		YES					YES				
Seared Unagi Nigiri	YES				YES		YES	YES			
Seaweed Inari	YES						YES	YES			
Spicy Panko Prawn Nigiri	YES	YES	YES				YES	YES			
Spicy Rainbow Uramaki			YES	YES	YES		YES	YES			
Tamago Nigiri			YES	YES							
Tempura Vegetable Nigiri	YES		YES				YES				
Tempura Vegetable Pancake	YES		YES	YES			YES				
Teriyaki Chicken & Edamame Loaded Pancake	YES		YES	YES			YES	YES			
Tiger Uramaki	YES	YES	YES	YES	YES		YES	YES			

Packs	Wheat	Crustacea	Egg	Milk	Fish	Peanut	Soy	Sesame	Tree Nuts	Sulphites	Lupin
Assorted Hand Roll Mini Pack	YES	YES	YES		YES		YES	YES			
Assorted Sushi Pack	YES	YES	YES	YES	YES		YES	YES			
Bento Box	YES	YES	YES	YES	YES		YES	YES			
California Roll Pack	YES	YES	YES	YES	YES		YES	YES			
Chicken & Vegetarian Uramaki Mini Pack	YES		YES				YES	YES			
Crispy Chicken and Salt & Pepper Squid Pack	YES		YES		YES		YES	YES			
Crispy Chicken Pack	YES		YES				YES	YES			
Futomaki Pack			YES	YES			YES	YES			
Kids Pack with Cookies	YES		YES	YES	YES		YES	YES			
Kids Pack with Vegies			YES		YES		YES				
Maki Pack					YES		YES				
Mixed Sashimi Pack					YES		YES				
Nigiri & Inari Mini Pack		YES	YES	YES	YES		YES	YES			
Prawn & California Roll Pack	YES	YES	YES	YES	YES		YES	YES			
Prawn Combo Pack	YES	YES	YES		YES		YES	YES			
Prawn Sushi Pack		YES					YES				
Salmon & Tuna Sushi Pack					YES		YES				
Salmon Sashimi Pack					YES		YES				
Salmon Sushi Pack					YES		YES				
Salmon Tuna Sashimi Pack					YES		YES				
Sashimi Mini Pack					YES		YES				
Seafood Lovers Mini Pack	YES		YES		YES		YES				
Spicy Crunchy Cooked Tuna Pack			YES		YES		YES	YES			
Sushi Deluxe Pack	YES	YES	YES	YES	YES		YES	YES			
Sushi Sashimi Deluxe Pack	YES	YES	YES	YES	YES		YES	YES			
Tobiko Pack			YES		YES		YES				
Vegan Mini Pack							YES	YES			
Vegetarian Pack			YES	YES			YES	YES			

Salads, Sliders & Hot Food



Salads	Wheat	Crustacea	Egg	Milk	Fish	Peanut	Soy	Sesame	Tree Nuts	Sulphites	Lupin
Beef Tataki	YES						YES	YES			
Pickled Squid Salad		YES			YES		YES	YES			
Salted Edamame							YES				
Seafood Salad	YES	YES	YES		YES		YES				
Seaweed Salad	YES						YES	YES			

Sliders & Sandwiches	Wheat	Crustacea	Egg	Milk	Fish	Peanut	Soy	Sesame	Tree Nuts	Sulphites	Lupin
Crispy Chicken Slider	YES		YES	YES			YES				
Crispy Chicken Sushi Sandwich	YES		YES	YES				YES			
Spicy Popcorn Prawn Slider	YES	YES	YES	YES				YES			
Tempura Salmon & Avocado Sushi Sandwich	YES		YES		YES		YES	YES			

Hot Food	Wheat	Crustacea	Egg	Milk	Fish	Peanut	Soy	Sesame	Tree Nuts	Sulphites	Lupin
Katsu Chicken Bento	YES		YES				YES	YES			
Katsu Chicken Curry Don	YES										
Tempura Prawn Bento	YES		YES				YES	YES			
Tempura Prawn Udon	YES	YES			YES		YES				
Teriyaki Chicken Bento	YES						YES	YES			
Teriyaki Chicken Don	YES						YES	YES			
Teriyaki Chicken Udon	YES						YES				
Teriyaki Salmon Bento	YES				YES		YES	YES			
Teriyaki Salmon Don	YES				YES		YES	YES			
Unagi Bento	YES				YES		YES	YES			
Unagi Don	YES				YES		YES	YES			
Vegetarian Udon	YES						YES				